

Dymatize Creatine

Nutrition Facts

Serving Size 1 Heaping Teaspoon
Servings Per Container 100

Amount Per Serving

	Serving	% DV
Creatine Monohydrate	5000mg	-

*percent Daily Values are based on a 2,000 calorie diet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Nutrition Facts are a simulation of the product's "Nutrition Label". For the actual Nutrition Label please refer to the product packaging.

Details

Dietary Supplement. 100% Pure pharmaceutical grade. Clinically proven; Muscle hydrator; Fast absorption. Dymatize Creatine Monohydrate has always been processed to an extra fine 180 microns ensuring proper dispersion. Dymatize Creatine Monohydrate is manufactured using only the most advanced techniques and conforms to the strict International Molecular Formula: $C_4H_9N_3O_2H_2O$. Laboratory tested for quality and purity. Gluten-Free.

Directions

Suggested use: As a dietary supplement, add 1 heaping teaspoonful daily to cold water or your favorite beverage. While using a creatine supplement, be sure to consume ample amounts of water (ideally 120 oz a day) to avoid dehydration.