

Fit Trainer

Nutrition Facts

Serving Size 1 Scoop

Servings Per Container 40

Amount Per Serving

	Serving	% DV
Fit Trainer Performance Enhancement Blend	4g	-
Clinically Dosed Muscular Power and Endurance System		-
Nitric Oxide Inducing Pump Complex		-
Sustained Energy, Focus and Calorie Burning Complex		-
CortiFit Patented Cortisol-Regulating Adaptogenic		-

Proprietary Blends

Clinically Dosed Muscular Power and Endurance System

Creatine Monohydrate, Beta-Alanine, NAC (N-acetyl-cysteine).

Nitric Oxide Inducing Pump Complex

Agmatine sulfate, grape seed extract, pine bark extract.

Sustained Energy, Focus and Calorie Burning Complex

Raspberry Ketone, Paullinia cupana seed extract, Ilex paraguariensis leaf extract, Green Tea leaf Extract (98% polyphenols, 45% EGCG).

CortiFit Patented Cortisol-Regulating Adaptogenic

High-potency Withania somnifera (root and leaf)(8% Withanolides).

*percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Citric acid, natural flavors, acesulfame potassium, sucralose, Yellow 5 Lake, silica and Blue 1.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Nutrition Facts are a simulation of the product's "Nutrition Label". For the actual Nutrition Label please refer to the product packaging.

Details

Clinically Dosed CortiFit. Performance Enhancement Pre-Workout Formula. Energy - Power – Endurance-Muscle Building-Fat Burning-Recovery. More than just a pre-workout formula. Fit Trainer isn't your typical workout formula... it's much more. Fit Trainer is a complete workout system designed to amplify your workouts and enhance your performance in the gym, while providing benefits unlike other pre-workouts to help you achieve the muscular, sculpted body you desire. Fit Trainer activates multiple biological processes during workouts, including neurotransmission (focus), central nervous system stimulation (energy and fat burning), peak muscle contraction (power), vasodilation (pump) and lactic acid buffering (endurance). These physiological benefits will help you train harder, faster and longer, while experiencing stronger muscle power, pumps and muscular endurance. Fit Trainer continues to work after your workout with anti-cortisol muscle protection. Strenuous workouts, you are susceptible to muscle wasting and fat storage due to increased elevations of the catabolic hormone cortisol. Fit Trainer helps prevent this "catabolic catastrophe" with the patented anti-cortisol adaptogenic agent CortiFit. Fit Trainer to rev up your metabolism after your workout. Fit Trainer contains researched ingredients to help boost your metabolism during your workout and keep it elevated for hours after your workout is over so you can continue to burn fat and get ripped, muscular physique you're striving for. Banned Substance Free. Does not contain any substances banned by World Anti-Doping Agency (WADA).

Directions

Add one scoop to 8 fl. Oz. of cold water and mix well. For maximum results, use 2 scoops in 16 fl. Oz. of cold water.