

Glutamine

Nutrition Facts

Serving Size 1 Teaspoon
Servings Per Container 222

Amount Per Serving

	Serving	% DV
L-Glutamine	4500mg	-

*percent Daily Values are based on a 2,000 calorie diet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Nutrition Facts are a simulation of the product's "Nutrition Label". For the actual Nutrition Label please refer to the product packaging.

Details

Dietary Supplement. 100% Pure pharmaceutical grade. Clinically proven; Muscle recovery; Fast absorption. L-Glutamine, the free amino acid, is the single most abundant amino acid present in skeletal muscle. L-Glutamine may support muscle tissue by limiting the degradation of protein through nitrogen retention, glycogen synthesis, and protein synthesis. L-Glutamine may also assist in the fueling and detoxifying of the brain. Thus, L-Glutamine has been dubbed the thinkers amiNo. L-Glutamine's muscle and brain tissue supporting qualities have made L-Glutamine an invaluable addition to an athlete's regimen! Laboratory tested for quality and purity. Laboratory tested for quality and purity. Gluten Free.

Directions

Suggested Use: As a dietary supplement take one rounded teaspoon daily. Mix glutamine with water or your favorite beverage.